



Education for a Healthy Future

BEYOND WASTE

You spend a lot of time in your home, so it makes sense to keep it safe and healthy.

If you adopt some easy, everyday practices, you'll be on the path to a healthy living environment!

1 REDUCE

- ✓ Use reusable bags and containers whenever possible.
- ✓ Choose returnable, reusable or refillable products over single use.
- ✓ Avoid individually wrapped items, snack packs and single-serve containers.
- ✓ Buy large containers of items or from bulk bins whenever practical.
- ✓ Shop at second hand stores. Buy quality clothing that won't wear out and can be handed down.
- ✓ Purchase soap and laundry items in concentrate forms.
- ✓ Compost food scraps and yard waste.
- ✓ Buy items made of recycled content.

2 REUSE

- ✓ Before you toss the stuff you no longer want, consider reselling it. You can use the Internet and consignment shops to sell your stuff.
- ✓ Donate to a charitable organization. Many have drive-thru drop-off sites or curbside pick-up.
- ✓ Consider repairing, maintaining or repurposing those old, broken or worn out items. It can be cheaper than buying something new.
- ✓ Renting or borrowing is a great alternative to buying expensive household items that you would use infrequently.
- ✓ Rent or borrow tools that you need for a project.

3 RECYCLE

- ✓ **Compost** food, yard and garden waste at home. Discard less garbage and pay lower garbage bills.
- ✓ If you are going to **demolish or renovate your home** you may want to check to see if materials can be recycled. **Call the Recycling Hotline at 625-6800 or solidwaste.org** for a current list of recyclers in your area.
- ✓ Take part of the **Clean Green program** where food and yard debris are taken to a commercial composting facility to be made into a soil amendment. Ask your garbage hauler more about the program, costs and collection schedule.
 - **Solid Waste Management** (625-7878) for City of Spokane residents.
 - **Waste Management, Inc** (924-9400) for cities of Spokane Valley, Liberty Lake, Millwood, Deer Park, Airway Heights and most North and East areas of Spokane County.
 - **Sunshine Disposal & Recycling** (924-5678) for areas of Fairchild, Medical Lake, Newman Lake, and West of the City and North of Deer Park.
- ✓ **Take recyclables, household hazardous waste, yard waste and trash** to one of the **three transfer stations** in Spokane County:
 - North County | N. 22123 Elk-Chattaroy Road
 - Valley | 3941 N. Sullivan Road
 - Waste to Energy Facility | 2900 S. Geiger Blvd.

FURTHER RESOURCES:

Washington State Department of Ecology | www.ecy.wa.gov/beyondwaste/

Spokane Regional Solid Waste System | www.solidwaste.org

EPA Reduce Reuse & Recycle | www2.epa.gov/recycle

Want to Learn More?

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